



Two Harbour Tera Squad

The Two Harbour Tera Squad aims to help children from Chichester and Langstone Harbours progress from club run RYA training to become confident racers. In particular to support RS Tera Sport and RS Tera Pro sailors who dream of being more competitive at local, regional and national sailing events.

With the RYA recently selecting the Tera Sport as a 'pathway boat', its popularity amongst young sailors is set to increase along with opportunities to compete. By creating a squad, children train and socialise together, making new friends from other clubs and identifying as a 'group'.

Coaching will take place over five weekends in 2018/2019 based at Emsworth Sailing Club. Each weekend will consist of personalised sessions on the Saturday to improve a sailor's racing skills. A coached race day will follow on Sunday where new skills mastered can be put into practice in races.

Training will be led by specialist race coaches with experience of competing at a national level. Subject to numbers, the squad will split into three groups on the Saturday so that sailors of similar ability train together, before racing against each other on the Sunday.

Dates of Coaching

24th - 25th November 2018

8th - 9th December 2018

5th - 6th January 2019

23rd - 24th February 2019

23rd -24th March 2019

Entry requirements

We ask that all sailors at a minimum are confident in tacking, gybing, righting their boat after a capsize and sailing a windward/leeward course. Therefore the minimum level for applicants should be RYA Level 3 with experience of racing or to have an RYA start racing qualification. Sailors will provide their own insured seaworthy boats (Tera Pro or Sport) and will come equipped to sail in the colder conditions expected over winter.

RS
Tera

Cost

£250 for the training. Non ESC members will be charged an additional £50 to cover temporary membership of the club whilst attending the coaching.

Squad Lead Coaches

Vikki Payne

Vikki is an experienced race coach and competitor. She has competed at the highest level in Fevas, 29ers and most recently in a 49er FX Olympic Campaign. She has been the UK Tera Association head coach and is also active in coaching Feva squads nationally.

Simon Horsfield

Simon is the current 2000 Class National Champion and has competed at World, European and National events in both Dinghies and Catamarans. He is an experienced race coach having worked with Chinese Topper and RS Feva squads and with the very successful "Jets" Topper squad here in the south. As well as being a passionate coach and dinghy racer, he is currently enjoying developing foiling skills and training for the Tasar Worlds in 2019.

Application for places is online through this link: [Click Here](#)*

Please note that due to the nature of race coaching, each coach has to work with a group of sailors of similar ability to enable them to provide personalised attention. Therefore we are unable to guarantee places until the coaches have reviewed applications and set the groups. However it is our hope and intention that all who apply with racing experience will be able to attend.

“Through coaching I’ve learnt so much more about sailing both on and off the water and how to prepare for a race.” Olly Williams (Tera Pro)

“Coaching made a big difference to me at the Tera Worlds. I felt more confident despite being in a fleet of eighty boats, I know I would have found it hard without this support” Toby Field (Tera Sport)

*If the link to the application form does not work because of your browser security settings for PDF's or if you are reading this on paper the form can be found under the Two Harbour Tera Squad Coaching on the Emsworth SC website at <http://www.escjuniors.co.uk/training.html>

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