



# RS400 Scottish Circuit, RS200 Scottish Circuit, Europe Scottish Champs & Laser Scottish Circuit

## Saturday 2 September & Sunday 3 September 2017

### Sailing Instructions

#### 1 Rules

The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing.

Competitors shall complete the entry form and pay the necessary dues in order to be eligible to race.

RS200 and RS400 only Rule 31 changed so that marks other than starting and finishing marks may be touched without penalty.

Rule 32 changed to allow the race to be shortened at the Committee Boat on station at the finish.

Rule 35 changed to score boats finishing outside the time limit in their observed position on the course.

#### 2 Entries

Eligible boats may be entered by completing registration with the organising authority. Each boat sailing must have Third-Party insurance for a minimum of £3,000,000.

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst part in the event; (b) They are responsible for the safety of themselves, their crew; their boat and their other property whether afloat or ashore; (c) They accept responsibility for any injury, damage or loss to the extent caused by their actions or omissions; (d) Their boat is in good order, equipped to sail in the event and they are fit to participate; (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

#### 3 Notices to Competitors

Notices to competitors will be posted on the official notice board located in the Clubhouse.

#### 4 Briefing

There will be a briefing at 11:15 on Saturday 2<sup>nd</sup> September.

#### 5 Changes in Sailing Instructions

Any change to the sailing instructions will be posted at least 45 minutes before the advertised starting time of the race or races concerned, except that any changes to the schedule of races will be posted by 20:00 on the day before it will take effect.

#### 6 Personal Buoyancy

Personal Buoyancy shall be worn at all times whilst on the water.

#### 7 Signals made ashore

Signals made ashore will be displayed hoisted on the flagpole in front of the clubhouse.

When flag AP is displayed ashore, '1 minute' is replaced by 'not less than 30 minutes' in race signal AP.

**Boats shall not leave the slipway until called out by Beachmaster.****8 Schedule of Races**

| Race | Day | First Signal      | First Start |
|------|-----|-------------------|-------------|
| 1    | Sat | 12:57             | 13:00       |
| 2    | Sat | Asap after race 1 |             |
| 3    | Sat | Asap after race 2 |             |
| 4    | Sun | 10:27             | 10:30       |
| 5    | Sun | Asap after race 4 |             |
| 6    | Sun | Asap after race 5 |             |

No warning signals will be made after 18:00 on Saturday 2 September.

No warning signals will be made after 15:00 on Sunday 3 September

HW= 13:03 4.5m, LW= 18.57 2.0m (all BST) Saturday 2 September.

HW= 13.58 4.8m, LW= 19.40 1.7m (all BST) Sunday 3 September.

**9 Racing Area**

The racing course is in the Forth in the vicinity of Dalgety Bay, extending from Inchcolm in the east, Cramond Island in the south, and Inverkeithing in the west.

Races will not be started unless the Race Officer is satisfied that the wind strength over the whole of the course is in excess of an average of four knots.

**10 The Course**

The diagram in Illustration A shows the course, the order in which marks are to be passed, and the side on which each mark is to be left. It does not indicate the angle between legs nor the length of legs nor the compass bearing of any leg. Each race is expected to take the leading boat around 40 minutes.

**11 Marks**

Marks 1, 2, 3, 4A and 4B will be large orange cylindrical buoys. The Start and Finish marks will be smaller yellow tall buoy.

**12 The Start**

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

| Minutes before starting signal | Visual Signal                   | Sound Signal | Means              |
|--------------------------------|---------------------------------|--------------|--------------------|
| 3                              | Class Flag                      | One          | Warning signal     |
| 2                              | P, I, Z, Z with I or black flag | One          | Preparatory signal |
| 1                              | Preparatory flag removed        | One          | One Minute         |
| 0                              | Class flag removed              | One          | Starting signal    |

If a starting sequence has been postponed, then the AP flag will be removed 1 minute before the Warning signal is made. The starting line will be between a mast displaying an orange flag or shape on the race committee boat at the starboard end and Mark S1 at the port end. Boats are to start between marks S1 and S2.

Boats whose warning signal has not been made shall keep clear of the starting area.

A boat attempting to start later than 3 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

|         |             |                    |                                |
|---------|-------------|--------------------|--------------------------------|
| Class 1 | Race 1 to 6 | RS400              | RS400 Class Flag or Numeral 1  |
| Class 2 | Race 1 to 6 | RS200              | RS200 Class Flag or Numeral 2  |
| Class 3 | Race 1 to 6 | Laser              | Laser Class Flag or Numeral 3  |
| Class 4 | Race 1 to 6 | Laser Radial / 4.7 | Laser Radial Flag or Numeral 4 |
| Class 5 | Race 1 to 6 | Europe             | Europe Class Flag or Numeral 5 |

### 13 General Recalls

General recalls will be signalled in accordance with Rule 29.2. NOTE – If there is general recalls be aware at Mark 1 boats can be sailing different courses, normal sailing rules apply!

### 14 The Finish –

The finishing line for RS400 and RS200 will be between a mast displaying an orange flag or shape on the race committee boat and yellow tall buoy of the bow off the committee boat.

The finishing line for all other classes will be between a mast displaying an orange flag or shape on Yacht and Mark 3.

The Committee Boat / Yacht may shorten course as per Rule 32.

RS400 and RS200 - When committee boat display shorten course flag, round Mark 4A to port and proceed directly to the finish line. The diagram in Illustration A shows the finish.

Lasers / Europe – When Yacht at Mark 3 displays a shorten course flag, proceed to finish.

Scoring other boats: a) After the first boat has sailed the course and finished, the race committee may score other boats based on their relative positions at a mark of the course or on a leg of the course. b) When a race committee boat displays flag W with two sounds, boats still racing may be scored by this race committee boat. c) When a boat is scored in accordance with this instruction, she shall be given score for a place after all boats that have sailed the course and finished.

### 15 Time Limit

The time limit will be 1 hour 15 minutes for each race. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored according to their observed position on the course, which may be the position at the last mark rounded. This changes RRS35, A4 and A5. See also instruction 14

### 16 Protests

16.1 A system for exoneration penalties, advisory hearings and arbitrations will be available. The exoneration penalty will be 30% of the number of boats (rounding 0.5 upwards) entered in the relevant fleet.

16.2 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit. Protests attract a donation to the RNLI of £5.

16.3 For each fleet, the protest time limit is 30 minutes after the last boat has returned to shore after the last race of the day or 30 minutes after flag AP over A is displayed ashore.

16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

16.6 Breaches of instructions 6,7,12,17,18 and 20 will not be grounds for protests by a boat. This changes RRS 60.1(a). Penalties for these breaches (and for breaches of class rules) may be less than DSQ (disqualification) if the jury so decide.

16.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day or no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

16.8 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16.9 A list of boats that have been penalised by the jury for breaking RRS 42 will be posted on the official notice board.

## **17 Scoring**

The Low Point scoring system of Appendix A will apply. Six races are scheduled, of which two shall be completed to constitute a series. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores. When 4 or more races have been completed, a boat's series score will be the total of her races scores excluding her worst score. Points will accrue to the helm/crew team named on the entry form and not to the boat entered. Registered helm and crew may swap roles without restriction.

## **18 Safety Regulations**

A tally system will operate. Each boat shall tally as directed below.

18.1 Before going afloat the tally tag shall transferred to the "Gone Afloat" side of the tally board.

18.2 On returning to the shore, the tally tag shall be transferred to the "Ashore" side of the board as soon as possible, and no later than 1 hour after the finish of the last boat.

**THIS IS A SAFETY SYSTEM, AND SAFETY BOATS WILL NOT COME ASHORE UNTIL TALLIES ARE ACCOUNTED FOR. PLEASE HAVE CONSIDERATION FOR THE HELPERS!!!**

18.3 For each infringement, a boat will be marked as DSQ in the race(s) involved unless an "on-the-spot" donation of £5 is paid, via the Shore Control, to the RNLi within 1.5 hours of the finish of the last boat.

18.4 In addition to the Tally system, a Personal Wrist tag must be worn at all times while afloat. This will contain information that may be vital to rescue personnel in the unlikely event of a serious incident.

The Wrist Tag will contain the tally number. Competitors may add critical medical information that could assist rescue personnel e.g. epileptic, asthmatic etc. should they wish.

## **19 Penalty System**

RS200 and RS400 boats may touch a mark other than the starting or finishing mark. A boat shall not manhandle a mark when it results in an advantage. This changes Rule 31.

## **20 Trash Disposal**

Boats shall not leave trash in the club grounds. When afloat, trash may be placed aboard rescue craft. This changes Rule 41.

## **21 Prizes**

The prize-giving will take place after the finish of racing on Sunday.

**22 Rights to use name and likeness**

By participating in this event, competitors automatically grant the organising authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photograph, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

**23 Advertising**

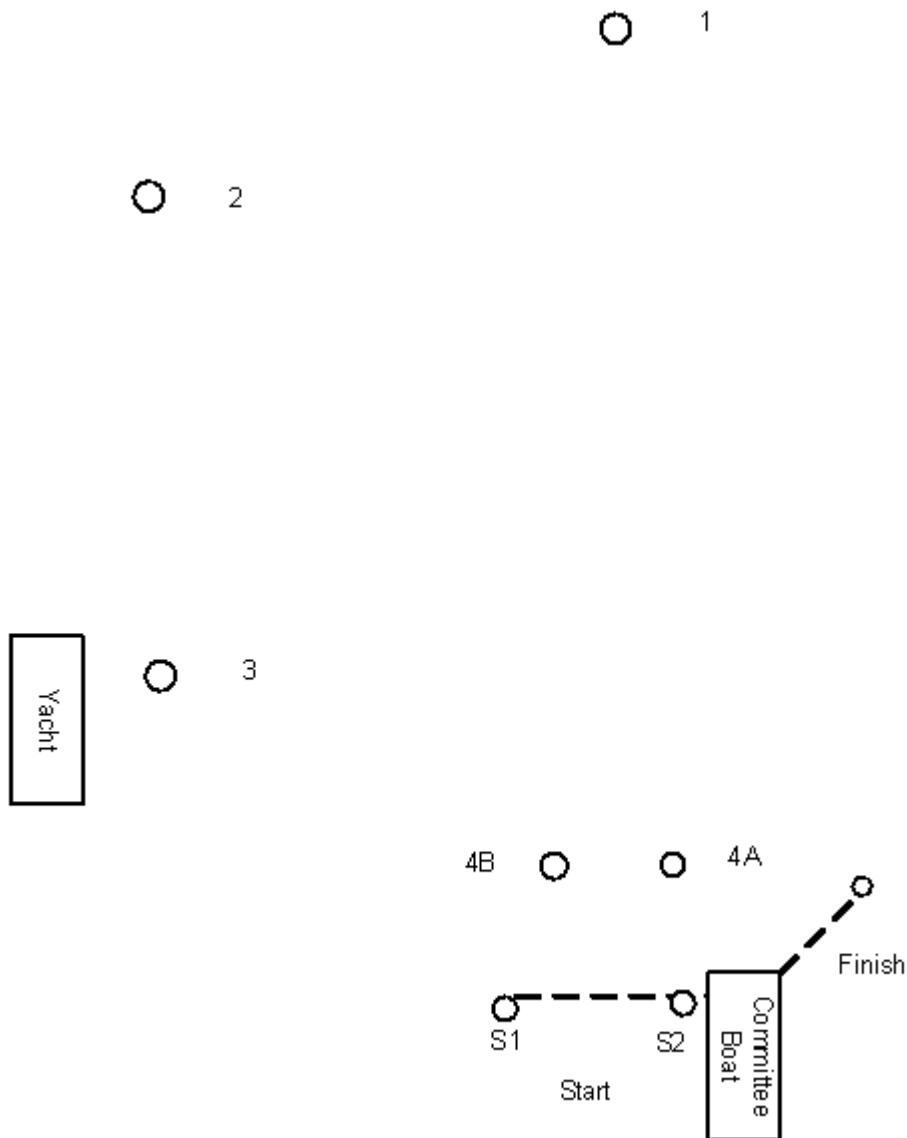
When provided at registration, competitors shall make every reasonable effort to display event sponsors promotional items on their boat and sails as directed.

There will be no restriction on the number or coverage of advertiser's logos or slogans except for the front 20% of the forward part of each side of the hull and the foremost 20% of the mainsail boom bottom, which are reserved for RS Association event sponsors. [see ISAF regulation 20 Advertising Code]

Any individual caught stealing sponsor promotional items, e.g. flags, banners, prizes, etc. shall be the subject of a report by the Race Committee to the Protest Committee requesting action under RRS 69.1(a).

**24 Support Boats**

All support boats shall register at registration and comply with local and event regulations. Each support boat shall carry a VHF radio and should also carry a mobile phone, call sign and telephone number to be advised to the event Safety Officer. The VHF channel used on the racing area will be advised at the competitors briefing. Kill cords shall be worn whilst engines are running, the course safety officer will be looking out for compliance on this issue, there are no excuses and boats may be requested to leave the race area immediately if kill cords are not being used appropriately.

**Illustration A: The Course****RS200 and RS400 only**

**Round 1** Starting line, **Mark 1** to port, then pass either **Mark 4B** to starboard or **Mark 4A** to port.

**Round 2 and all subsequent rounds**, **Mark 1** to port, pass **Mark 4B** to starboard or **Mark 4A** to port.

**FINISH** When committee boat raise shorten course flag, round **Mark 4A** to port and proceed directly to the finish line.

**Lasers / Europe only**

**Round 1** Starting line, **Mark 1** to port, **Mark 2** to port, **Mark 3** to port,

**Round 2 and all subsequent rounds**, **Mark 2** to port, **Mark 3** to port.

**FINISH** When yacht raise shorten course flag, pass between yacht and Mark 3 to port